

3er-Teamwertung-Gesamt

42. Lümmellauf 19.01.2020

SSC Hagen Ahrensburg

25. Jan. 20

17:39

5 km

Rang	Name, Vorname	KL	PG	PK	Einzelzeit	Mannschafts-Zeit
1	TSV Bargteheide TRI					00:56:25.0
	Fitschen,Lasse	MJ U20	1.	1.	18:47.0	
	Nissen,Oliver	MJ U18	2.	1.	18:48.8	
	Ulka,Lukas	MJ U18	3.	2.	18:49.2	
2	TSV Bargteheide Tri					01:05:13.4
	Garbers,Noah	MJ U18	4.	3.	20:16.7	
	Arlt,Marc-Oliver	MJ U18	5.	4.	20:56.8	
	Fitschen,Lena	WJ U18	16.	1.	23:59.9	
3	Spiridon-Club Bad Oldesloe					01:13:59.1
	Seehusen,Lars	MJ U20	10.	2.	22:52.1	
	Torben Kusewehr, Torben	M30	11.	1.	23:03.5	
	Winter,Florian	M11	59.	2.	28:03.5	
4	TSV Bargteheide Tri					01:20:57.0
	Böger,Sina	WJ U18	18.	2.	24:21.6	
	Ermling,Chantal	WJ U20	37.	1.	26:15.8	
	Hempel,Thomas	M45	103.	8.	30:19.6	
5	GS Am Aalfang					01:21:36.7
	Gerhard,Bennet	M10	46.	2.	26:57.4	
	Radzuweit,Jan	M10	52.	3.	27:19.2	
	Brauer, Susanne	W55	53.	2.	27:20.1	
6	TSV Bargteheide					01:22:07.3
	Olk,Björn	M40	30.	2.	25:36.0	
	Abels,Reinhard	M50	42.	4.	26:39.8	
	Wehnsen,Ekke	M75	90.	1.	29:51.5	
7	Ahrensburger TSV					01:22:09.6
	Redecker,Karlheinz	M70	31.	1.	25:40.0	
	Brock,Mathias	M55	39.	1.	26:24.9	
	Partzsch,Emil	M11	95.	3.	30:04.7	
8	SSC Hagen Ahrensburg					01:22:12.8
	Schneider,Phil	M14	26.	2.	25:09.3	
	Schneider,Sven	M50	40.	3.	26:28.5	
	Jansen, Barne	M10	106.	4.	30:35.0	
9	Aspen Bad Oldesloe GmbH					01:25:38.7
	Dethlefsen,Kristian	M30	63.	2.	28:20.0	
	Lorenz,Stefanie	W30	64.	1.	28:27.0	
	Thoms,Thorben	M30	73.	3.	28:51.7	
10	SSC Hagen Leichtathletik					01:26:53.2
	Meißner, Romy	W12	45.	1.	26:43.1	
	Heinz, Thorben	MJ U18	84.	5.	29:36.2	
	Faltenberg, Robin	M15	105.	5.	30:33.9	
11	Strander Speedkierst					01:28:21.4
	Adzovic,Leon	M15	12.	2.	23:07.8	
	Petersen,Jason	M13	144.	4.	32:36.3	
	Bräuer,Luca	MJ U18	146.	7.	32:37.3	
12	Cathys Training					01:28:51.8
	Jeggel,Gunnar	M40	44.	3.	26:41.5	
	Eßlinge,Maike	W35	109.	5.	30:39.6	
	Lohmar,Wibke	W40	121.	4.	31:30.7	
13	GS Am Aalfang					01:28:56.2
	Köppen, Lelia	W35	66.	3.	28:33.3	
	Shelton, Christopher	M40	96.	5.	30:10.9	

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Bogner, Vanessa	W30	97.	3.	30:12.0	
14 BSG Wulksfelde					01:29:21.4
Zülow,Ragnar	M	54.	1.	27:28.9	
Felcher,Amelie	WJ U20	71.	4.	28:47.7	
Rüsbüldt,Hauke	M45	154.	9.	33:04.8	
15 TSV Glinde					01:32:02.0
Kilch,Peter	M70	92.	2.	29:54.4	
Behn,Inge	W60	98.	1.	30:12.5	
Hinck,Dieter	M75	132.	2.	31:55.1	
16 SSC Hagen					01:32:24.5
Willers,Julius	MJ U20	74.	5.	28:53.5	
Ohrdorf, Jette	WJ U18	127.	3.	31:45.3	
Müller, Kerstin	W45	128.	9.	31:45.7	
17 Laufftreff Geesthacht					01:32:35.2
Hack,Frederik	M10	107.	5.	30:35.5	
Hack,Jana	W40	108.	2.	30:38.9	
Hack,Carsten	M40	117.	6.	31:20.8	
18 Koti Nordic living & lifestyle Ahrensburg					01:33:30.1
Reinhart,Sven	M50	55.	6.	27:42.0	
Wartiainen,Riikka	W50	120.	7.	31:28.3	
Wartiainen,Morten	MJ U20	182.	8.	34:19.8	
19 DHG Sandesneben					01:34:33.2
Schulz,Eric Maximilian	M15	77.	4.	29:05.7	
Schulz,Lenja Sophie	W12	148.	3.	32:43.6	
Steingrube,Thelse	W12	149.	4.	32:43.9	
20 GS Am Aalfang					01:34:39.5
Wietzke, Erik	M	101.	2.	30:13.8	
Schneider, Marlene	W10	135.	1.	32:00.0	
Wittschen,Florian	M10	139.	7.	32:25.7	
21 Spiridon-Club Bad Oldesloe					01:35:46.5
Seehusen,Sabine	W50	110.	5.	30:42.5	
Bieler,Mary	W60	137.	3.	32:19.3	
Saddig,Annkathrin	W	150.	2.	32:44.7	
22 Cathys Training					01:36:04.7
Voß,Julia	W30	122.	6.	31:31.1	
Schenke,Astrid	W40	136.	5.	32:03.3	
Niemann,Benjamin	M35	140.	5.	32:30.3	
23 Cathys Training					01:37:51.2
Korffmann,Cathy	W35	141.	6.	32:31.2	
Pohl,Johanna-Sophie	WJ U20	145.	5.	32:36.7	
Püttjer,Jessika	W	147.	1.	32:43.3	
24 HELA					01:38:56.4
Bartsch,Heribert	M30	133.	6.	31:58.1	
Bredenkamp, Kai-Willi	M40	165.	8.	33:28.6	
Möller, Julia	W	167.	3.	33:29.7	
25 GS Am Aalfang					01:39:41.4
Mergell, Emilia	W10	143.	2.	32:35.4	
Bartram, Zoe	W10	162.	3.	33:26.3	
Berghoff, Maximilian	M11	169.	4.	33:39.7	
26 TSV Trittau					01:39:46.3
Schulz,Matthias	M45	78.	6.	29:06.0	
Kindermann,Finja	W10	198.	4.	35:19.3	
Kühne,Sophie	W10	199.	5.	35:21.0	
27 OstseeRunner					01:41:09.5

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Sohnrey,Kirsten	W55	172.	8.	33:42.8	
Voß,Sabine	W55	173.	9.	33:43.2	
Holzapfel,Kerstin	W50	174.	10.	33:43.5	
28 Cathys Training					01:41:44.7
Penning,Birte	W40	176.	6.	33:45.4	
Brune,Ricardo	M30	177.	8.	33:51.5	
Koch,Anke	W50	178.	11.	34:07.8	
29 Cathys Training					01:43:58.5
Leithner,Melanie	W40	181.	7.	34:14.1	
Stoll,Verena	W40	187.	8.	34:45.5	
Neff,Lea	W U23	190.	3.	34:58.9	
30 Cathys Training					01:45:14.5
Hütker,Maren	W40	192.	10.	35:01.1	
Berlet,Allis	W50	193.	12.	35:05.2	
Büttner,Corinna	W50	195.	13.	35:08.2	
31 Hela					01:47:19.8
von Gliszczynski, Laura	W U23	184.	1.	34:25.9	
Windel, Markus	M40	216.	9.	36:26.8	
Ruban, Jelena	W	217.	7.	36:27.1	
32 Cathys Training					01:47:46.9
Reichert,Janine	W35	196.	10.	35:08.7	
Ruppert,Katja	W35	201.	11.	35:40.5	
Jodies,Karen	W45	219.	12.	36:57.7	
33 BSG Wulksfelde					01:48:19.3
Piwonski,Kristina	W	203.	4.	35:54.6	
Röhrßen,Lena	W	204.	5.	35:54.9	
Zülow,Bettina	W60	218.	5.	36:29.8	
34 Cathys Training					01:55:12.7
Henschel,Gunnar	M40	228.	10.	37:47.2	
Kerger,Beate	W50	232.	18.	38:07.1	
Bruß,Sonja	W40	237.	14.	39:18.4	
35 Cathys Training					02:07:48.4
Allner-Loeck,Gaby	W50	246.	21.	42:09.9	
Rupprecht,Birgit	W50	247.	22.	42:10.9	
Schubring,Tanja	W45	248.	15.	43:27.6	

Gesamtanzahl der Mannschaften : 35